



# Happy Fathers Day!

A Stand Alone Message - Noah Largent 6/18/17

## List the top 3 reasons marriages end in divorce?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Exodus 20:16** "You shall not give false testimony against your neighbor."

**Psalm 141:3** Set a guard over my mouth, Lord; keep watch over the door of my lips.

**Proverbs 15:1** A gentle answer turns away wrath, but a harsh word stirs up anger.

**Matthew 5:37** All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one.

**James 1:19** My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,

**James 5:16** Therefore confess your sins to each other and pray for each other so that you may be healed.

**Ephesians 4:15; 26; 29 & 32** <sup>15</sup> Instead, speaking the truth in love <sup>26</sup>"In your anger do not sin": Do not let the sun go down while you are still angry, <sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>32</sup> Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

## 4 Tools to Help Resolve Conflict:

1. Reach for **CLARITY**.  
Eph.4:15 "speaking the truth in love"
2. Remain **CALM**.  
Prov. 15:1 "A gentle answer turns away wrath"
3. Stay **CURRENT**.  
Eph. 4:26 "Do not let the sun go down while you are still angry"
4. Be **CONSTRUCTIVE**.  
Eph. 4:29 "what is helpful for building others up"

## 2 Tools to Reduce Unnecessary Conflict:

1. Become a better **LISTENER**.  
James 1:19 "Everyone should be quick to listen, slow to speak"
2. Commit to **FORGIVING** others.  
Eph. 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you"



## Notes:

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