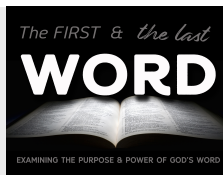


What are you filling up on?

The Word - Part 2 Psalm 119
Noah Largent 1/2/22



Psalm 119:9-16 How can a young person stay on the path of purity? By living according to your word. ¹⁰ I seek you with all my heart; do not let me stray from your commands. ¹¹ I have hidden your word in my heart that I might not sin against you. ¹² Praise be to you, Lord; teach me your decrees. ¹³ With my lips I recount all the laws that come from your mouth. ¹⁴ I rejoice in following your statutes as one rejoices in great riches. ¹⁵ I meditate on your precepts and consider your ways. ¹⁶ I delight in your decrees; I will not neglect your word.

30 MINUTES PER DAY

How much could you read spending
30 minutes with your Bible every day?

the Gospel of MARK	3 days	the NEW TESTAMENT	40 days
the EPISTLES & REVELATION	15 days	the OLD TESTAMENT	120 days
		the WHOLE BIBLE	160 days

“Americans treat reading the Bible a little bit like exercise. They know it’s important and helpful but they don’t do it... It’s not surprising that the lives of those who spend time reading the Bible look more like Christ.” -Scott McConnell, Lifeway Research

1. Getting good directions.

A good map is an essential part of any successful trip. God has provided excellent directions for the journey of life. It answers the basic questions of life. It tells us who God is, what He has done for us, and how we can follow Him. We ignore the directions (truth) in the Bible at our own peril.

2. What are you filling up on?

Nobody eats one meal a week believing it’s sufficient to get them through the week. Yet some people believe that reading or listening to the what Bible says once a week is enough to get them through the week! Jesus says (quoting Deut. 8:3), “*people do not live on bread alone, but by every word that comes from the mouth of God*” (Matthew 4:4). Are you feasting and filling up on the Bible daily?



Community Group Questions:

1. What did you hear? What hit home from the message? How did this message challenge, change, or affirm your thinking?
2. What hinders you from prioritizing reading the Bible more? What changes/adjustments would lead to reading more?
3. Thinking about the illustration of a stool, strengthening which of the four legs would make the biggest difference in your life?

Notes:
