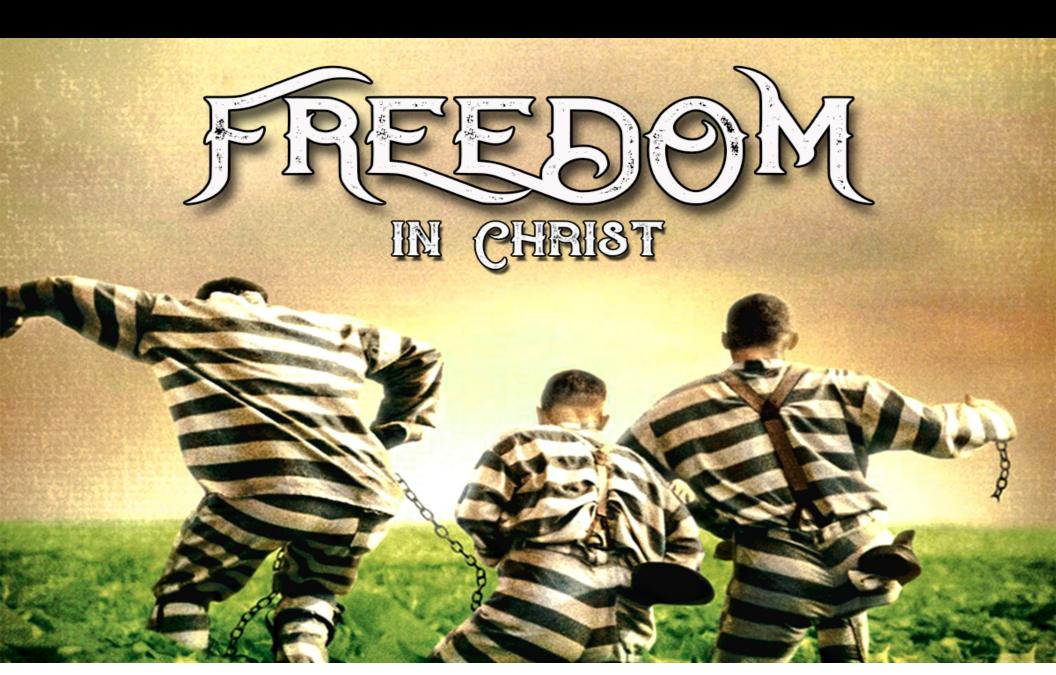
Galatians 5:13 - 26



Galatians 5:13-26 You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. 14 For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." 15 If you bite and devour each other, watch out or you will be destroyed by each other.

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. 18 But if you are led by the Spirit, you are not under the law.

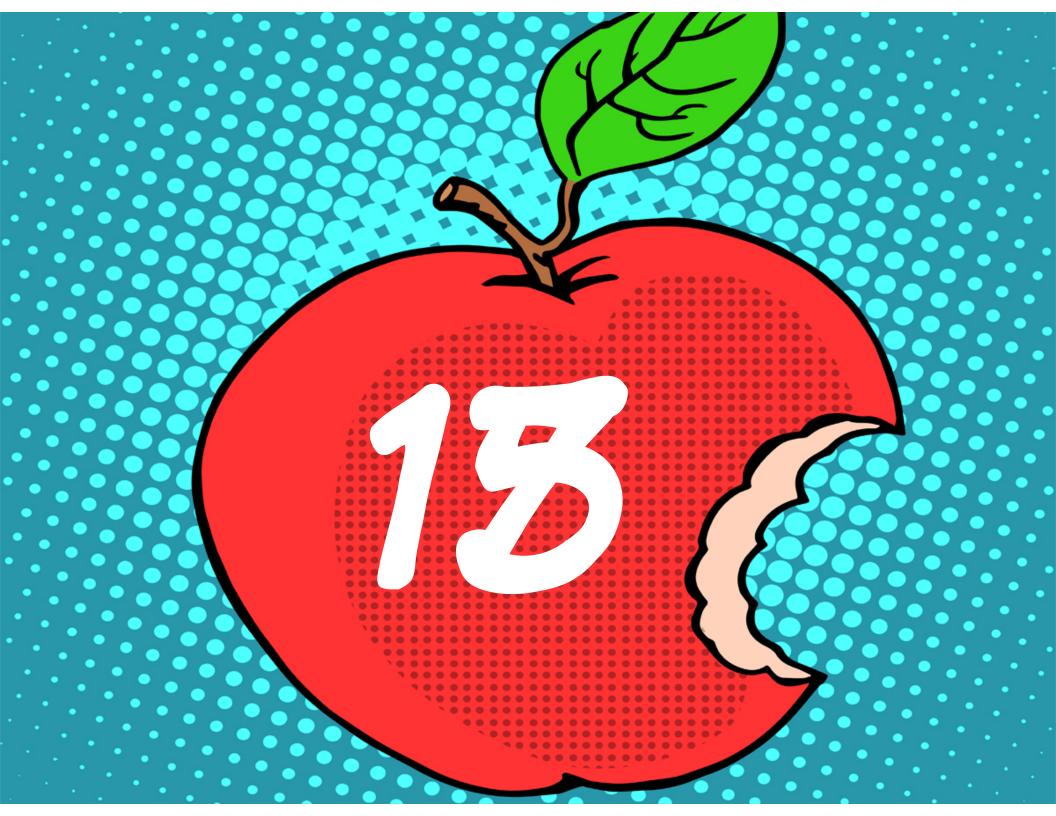
¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and selfcontrol. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ Since we live by the Spirit, let us keep in step with the Spirit



²⁵ Since we live by the Spirit, let us keep in step with the Spirit ²⁶ Let us not become conceited, provoking and envying each other.



Sexual Sins

sexual immorality, impurity, debauchery; idolatry and witchcraft

Relational Sins

hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy;

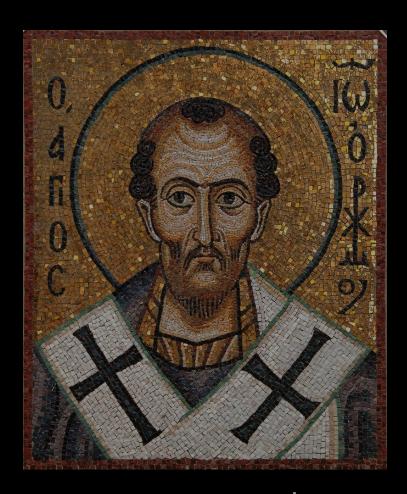
Indulgent Sins

drunkenness, orgies, and the like.

"pheumatic" tools



Spirit = Greek is pneuma



"the spirit is meant to have the same power over us as a pilot has over his ship or a charioteer over his horse."

Homily - Romans 14, https://www.newadvent.org/fathers/210214.htm

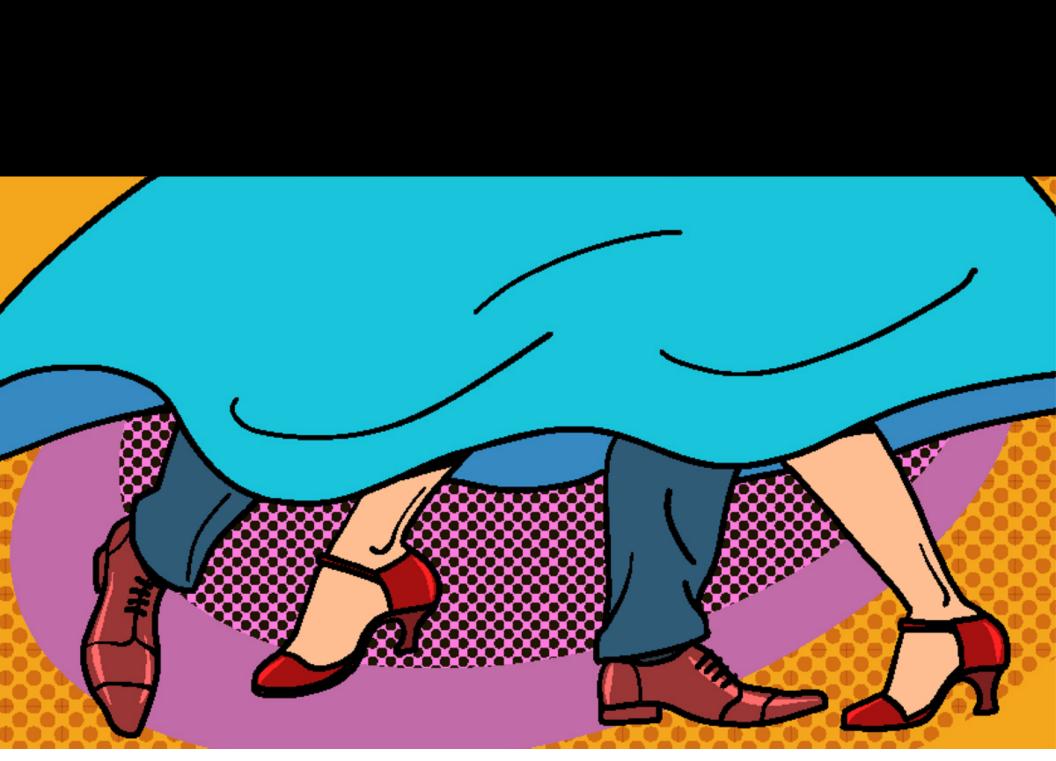
LIFE APPLICATION BIBLE Commentary

GALATIANS

- Life Application Commentary: Galatians pg. 179

Paul describes living by the spirit as a choice.... Living "by the spirit" means that we submit to his authority, welcome his guidance, except his correction, live under his restraint, rely on his power, and allow him to unify us with other believers.

- Life Application Commentary: Galatians pg. 179



Paul speaks of these qualities as "fruits"... there is a tendency in our modern world to suppose that they happen "naturally", in other words, that people should just want to be like that and shouldn't have to try too hard....

N.T. Wrigh

Galatians, NT Wright pg. 337-33

however a fruit tree needs to be planted and watered, tended and pruned, protected against the elements and various kinds of disease, and defended against attack from predators both animal and organic. These qualities are, things you have to think through, work at, cultivate and practice. N.T. Wrigh

Galatians, NT Wright pg. 337-33

How Can I "Keep In Step" with the Spirit?

- 1. Saturate you mind & heart in the Bible.
- 2. Connect with God throughout the day.
- 3. Accountable Community